

EMBEDDING RESEARCH IN PRACTICE



A COMMUNITY PHYSIOTHERAPY APPROACH

1. INTRODUCTION

The aim of this poster is to highlight our efforts to become a research active team.

This is a two-fold approach; increasing research capacity and capability for our service whilst offering the opportunity for our children and young people and their families to participate in research.

“...RESEARCH IS EVERYONE’S BUSINESS”

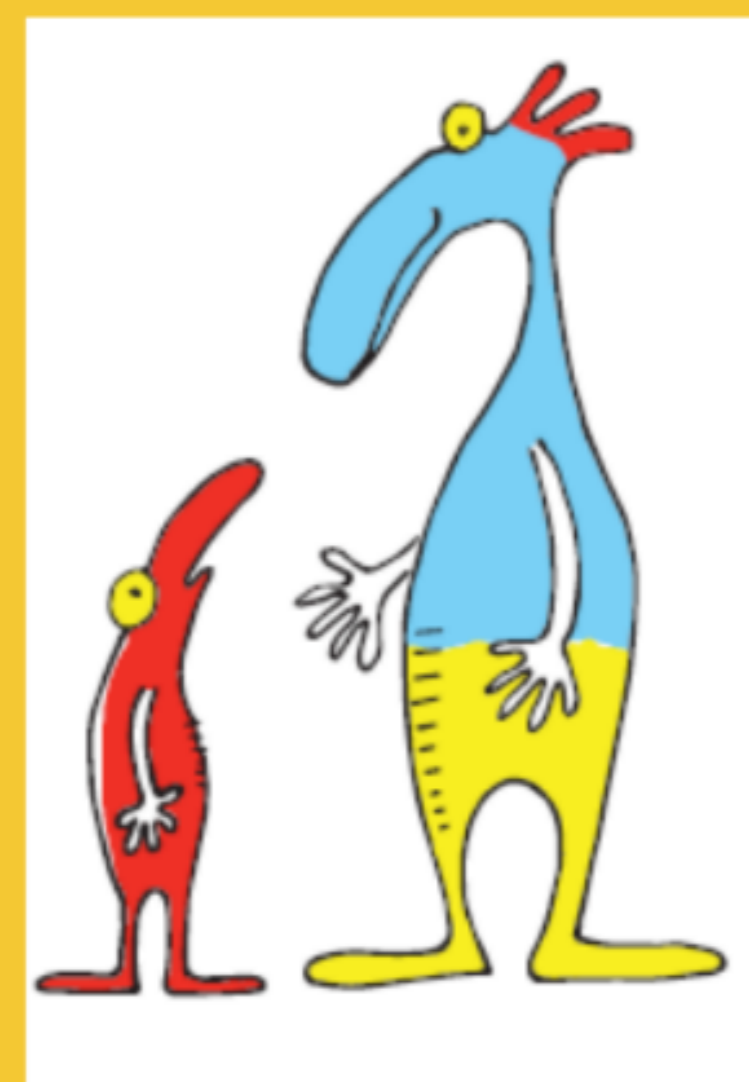
3. RESEARCH PROFILE: RESHMA SULE

- Research lead for Community Physiotherapy
- National institute for Health Research (NIHR) Early Career Researcher (ECR) programme (2021)
- HEE Integrated Clinical Academic internship (6 months in 2022)
- Recently granted NHS ethics approval for qualitative study for babies at high risk of neurodisability
- Mentor for NIHR ECR programme 2023

2. BACKGROUND

The Allied Health Professions Research and Innovation Strategy was published by Health Education England (HEE) in January 2022.

“...a definitive collective national reference statement that supports the research and innovation agenda for all Allied Health Professionals.”



“All physiotherapists need to have the skills to constantly question impact and effectiveness of interventions to allow services to evolve for the better”

Kate Hewlett, Clinical Specialist and Advanced Practice Trainee

AUTHOR

Reshma Sule, Highly Specialised Community Physiotherapist (Early Years) & Research Lead for Alder Hey Community Physiotherapy



Alder Hey Children's NHS Foundation Trust

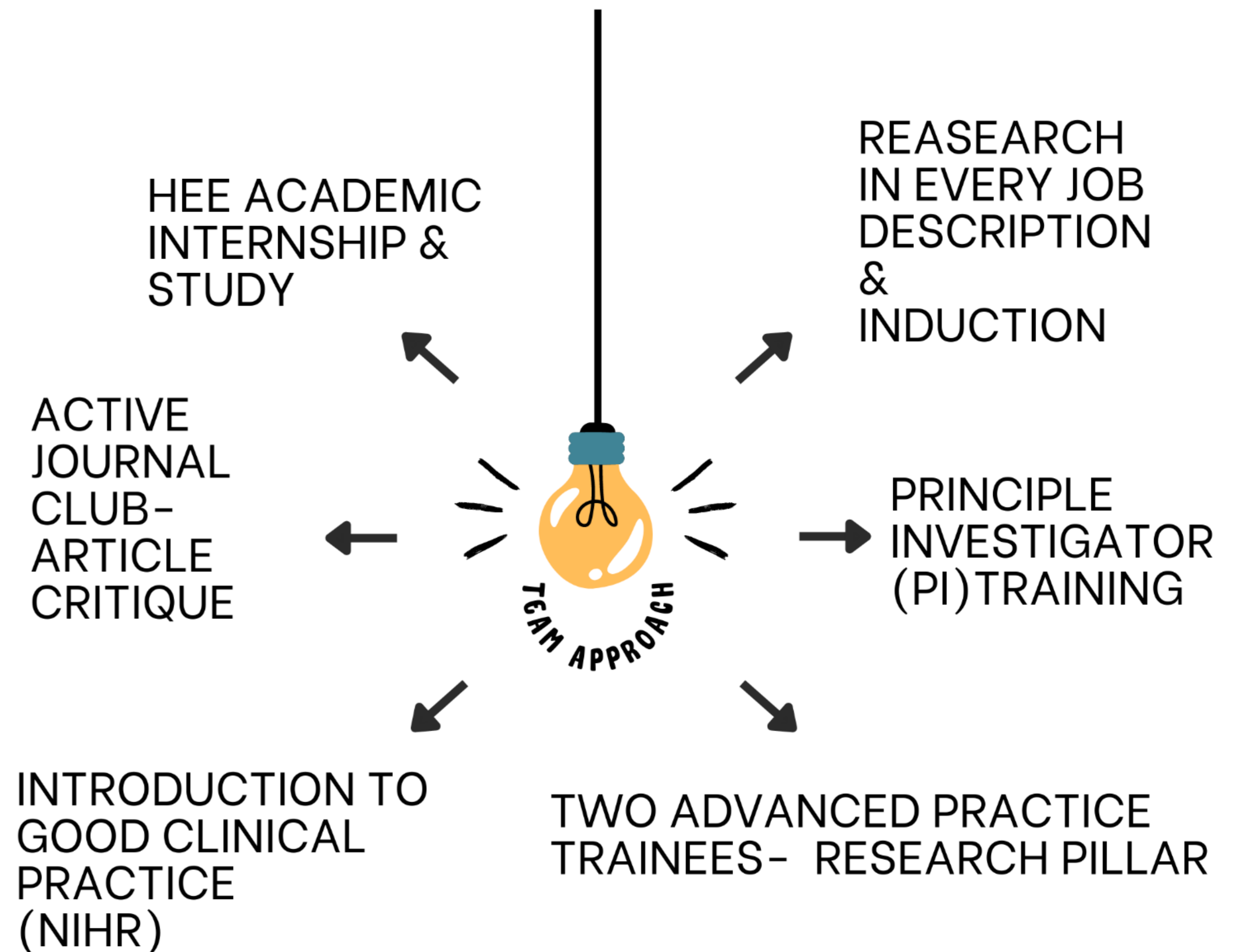


Health Education England



National Institute for Health and Care Research

4. OUR TEAM APPROACH/ INVOLVEMENT



ACTIVE RESEARCH INVOLVEMENT

Quantification of Trunk & Head control in children with Cerebral Palsy (CP) (QuanTCo) recruitment centre in conjunction with Manchester Metropolitan University

Understanding parent perspectives on early neurodevelopmental follow up for infants at high risk of disability (University of Liverpool)

5. CONCLUSION

Wide ranging benefits of integrating research into routine practice for staff, patients & families, local and national populations and the wider National Health Service